

Dried Lotus Leaves Tea



Common Name:	Dried Lotus Leaves Tea
Botanical Name:	<i>Nelumbo Nucifera Gaertn.</i>
Latin Name:	Nelumbinis Folium
Pinyin Name:	He Ye
Plant Part Used:	Leaf
Quality Standard:	European Pharmacopoeia Standard
Specification:	Cut/Powder

Specifications

Whole leaf, cut, granule, powder, or OEM

Bitter, flat. The liver, spleen, and stomach meridians in attribution.

Origin

Shandong, Jiangxi, Fujiang

Advantage

1. Freshly picked from the place of origin, natural light green, fresh smell.
2. Natural sun drying, manual knife cutting with no motor oil, more health.
3. High dryness, complete flake shape.
4. No pesticides, no sulfur fumigation, no additives.



Benefits of lotus leaf

1. Clear bowel and bowel movements

The lotus leaf tea is rich in fiber, which can promote the speed of gastrointestinal peristalsis, thereby speeding up the discharge of waste in the body, effectively preventing constipation.

2. Diuretic detoxification

3. Cellulite and weight loss

Lotus leaf tea has an aromatic compound that can dissolve fat, thereby achieving weight loss.

4. Help metabolism

Lotus leaf tea can supplement tea leptin, thereby accelerating the body's metabolism.

Precautions

1. The medicinal properties of lotus leaf tea are cold, and women should not drink it during menstrual period.

2. People with deficiency of the spleen and stomach should not drink lotus leaf tea, and those with thin body and weak qi and blood should take it with caution.

3. Drinking lotus leaf tea should also be moderate, not excessive drinking.

What to make tea with lotus leaf

1. Roses

Its fragrance is strong, beautify and nourish the skin, clear the meridians and activate collaterals, harmonize the liver and spleen, regulate qi and stomach.

2. Chamomile

It can relieve pain, diuresis, improve sleep, calm people, and use lotus leaf to enhance weight loss.

3. Roselle

It has significant effects in antibacterial, digestion, moisturizing, and laxative aspects, and its medicinal value is immeasurable.

4. Cassia seeds

Improve eyesight, nourish liver and kidney, suppress subduedness and nourish Yin Weight loss effect

Company

Boherbs Co., Ltd, is a professional manufacturer, supplier and wholesaler for certified organic and premium quality herbs, plant extracts and natural ingredients in the pharmaceutical, nutraceutical food and natural cosmetic industries.

We cooperate with the United States, Canada, Germany, Australia and other countries have friendly exchanges and cooperation, deeply trusted.

We can meet the diverse needs of customers.